



Loris Sofia Gregory

lorissofiagregory.com • lorissafia@frontiernet.net • 952.431.5586

Innovative polished researcher, writer, health/environmental educator and project developer with a solid record of efficient service and inspiring products ■ Recognized for tracking down and interweaving information, perspectives and wisdom into engaging non-fiction stories and experiences ■ *“Perhaps it is the historian in you, but you really know how to stage a story and stage it well.”* ■ Accomplished at building beneficial partnerships with individuals, multi-faceted teams and diverse communities ■ Signature strengths include creativity, critical thinking, exploring new realms, ingenuity and open mindedness ■ On-target tracking and responsiveness to changing details within evolving visions ■ Available for online and print articles, blogs, books, classes, exhibits, films and multimedia, grants, newsletters, outdoor/environmental interpretation for all ages and learning styles.

- **Co-Developer, Grant Writer & Marketer for *Growing Community***: a collaboration of citizens and students who are growing the Partnership Garden, an organic permaculture garden at the School of Environmental Studies in Apple Valley, while learning and teaching about healthy foods and working in partnership with nature, 2010-ongoing
- **Creator/Developer of *Nourish to Flourish: Grow Your Own Food in Partnership with Nature***: film, speaker and community forum series sponsored by ISD 196 and Valley Natural Foods, April-May 2011
- **Archival Film/Image & Rights Researcher for *A Good Day to Die***: Native-produced documentary featuring Dennis Banks, Minnesota Ojibwe elder and co-founder of the American Indian Movement in 1968, including nationwide Native perspectives, 1940s-current; Yocha Dehe Wintun Nation, Executive Producers, 2009/2011 release
- **Writer, Interviewer & Researcher for *This is Living Naturally***: print/online magazine awarded “the best full-color co-op newsletter in the nation,” Valley Natural Foods, Burnsville. I write engaging local profiles of farmers, artisans, and producers of healthy food reaching 40,000 south-metro households, 2008-ongoing
- **Interpretive Team Leader, Researcher & Writer for *Jeffers Petroglyphs***: interactive exhibits and multimedia show for Native sacred site and new visitor center in southwest MN; trail interpretation for native/restored prairie and petroglyphs; facilitated relationships with Native tribes (Ojibwe, Dakota, Lakota, Cheyenne, Ioway, Otoe), archeologists, natural resources experts, non-profits and state departments across three-year project, opened 1999

ADDITIONAL WORK & EXPERIENCE SKILLS

Researcher, Writer & Health/Environmental Coach: Beautiful Necessity (self-employed), 2005-ongoing
E-Newsletter Editor: “Good News for Health Coaches” (international monthly), Hilton Johnson Productions, 2010-ongoing
Community Ambassador, Events Planner & Online Marketer: Valley Natural Foods, Burnsville, 2010-ongoing
Natural Step Framework Workshop & Volunteer: Alliance for Sustainability, Minneapolis, 2009
Executive Assistant, Membership Coordinator & Marketer, Continuum Center, Minneapolis, 2006-08
Team Leader, Researcher, Writer & Developer for Exhibits, Multimedia & Nature Trails; Museum Collections Cataloger
Minnesota History Center and Historic Sites, Minnesota Historical Society, St. Paul, 1986-2005

SELECTED TRAINING & EDUCATION

Health Coach Training, Hilton Johnson Productions, Inc., Florida (12-month virtual program), 2008-09
Spring Forest Qigong, Master Chunyi Lin, Levels 1-4 and Guide Program, Twin Cities, 2000-06
Holistic Health Studies, College of St. Catherine, St. Paul, 2000-01
Masters of Science: Historic Textiles and Costume, Iowa State University, Ames, Iowa
Graduate Level, Craft Design and Fiber Arts, Iowa State University
Bachelors of Science: Family Environment, Iowa State University

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